

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					9H00 SI* PILATES REFORMER	9H00 SI* PILATES REFORMER
					10H15 SI* PILATES REFORMER	10H00 SP* PILATES SOL – YOURTE
11H00 PILATES REFORMER		11H00 PILATES REFORMER		11H00 PILATES SOL – YOURTE	11H30 SI* PILATES REFORMER	10H15 SI* PILATES REFORMER
				12H15 PILATES REFORMER		11H15 SP* PILATES REFORMER
						11H30 SI* PILATES REFORMER
		18H00 SI* PILATES SOL – ÉCURIES				
17H15 PILATES REFORMER		18H15 YOGA VINYASA – YOURTE	17H30 SI* PILATES REFORMER	17H00 SI* PILATES REFORMER		
18H30 PILATES REFORMER	18H00 PILATES REFORMER	19H30 YOGA HATHA – YOURTE	19H00 PILATES REFORMER	18H15 SI* PILATES REFORMER		
	19H15 PILATES REFORMER	19H15 PILATES REFORMER				

CAPACITÉ REFORMER = 6 PERSONNES
CAPACITÉ SOL & YOGA = 10 PERSONNES

SI* = SEMAINE IMPAIRE SP* = SEMAINE PAIRE