

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					9H00 <b>SI*</b> PILATES REFORMER	9H00 <b>SI*</b> PILATES REFORMER
					10H15 <b>SI*</b> PILATES REFORMER	10H00 <b>SP*</b> PILATES SOL – YOURTE
11H00 PILATES REFORMER		11H00 PILATES REFORMER		11H00 PILATES SOL – YOURTE	11H30 <b>SI*</b> PILATES REFORMER	10H15 <b>SI*</b> PILATES REFORMER
				12H15 PILATES REFORMER		11H15 <b>SP*</b> PILATES REFORMER
				13h30 <b>SP*</b> PILATES REFORMER		11H30 <b>SI*</b> PILATES REFORMER
				<b>SI* 14H30   SP* 14H45</b> PILATES REFORMER		
16H00 PILATES REFORMER		17H30 HATHA YOGA – YOURTE	16H15 <b>SI*</b> PILATES REFORMER	15H45 <b>SI*</b> PILATES REFORMER		
17H15 PILATES REFORMER		18H00 PILATES SOL – ÉCURIES	17H30 <b>SI*</b> PILATES REFORMER	17H00 <b>SI*</b> PILATES REFORMER		
18H30 PILATES REFORMER	18H00 PILATES REFORMER	18H45 YIN YOGA – YOURTE		18H15 <b>SI*</b> PILATES REFORMER		
19H45 PILATES REFORMER	19H15 PILATES REFORMER	19H15 PILATES REFORMER	19H00 PILATES REFORMER	19H30 <b>SI*</b> PILATES REFORMER		

CAPACITÉ REFORMER = 6 PERSONNES  
CAPACITÉ SOL & YOGA = 10 PERSONNES

SI\* = SEMAINE IMPAIRE SP\* = SEMAINE PAIRE